# Lactoferrin disruption of bacterial type III secretion systems

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#### **Abstract**

Many Gram-negative bacteria share a closely related mechanism for secretion of virulence proteins. This complex machine, the type III secretion system, secretes virulence proteins in response to sensing the presence of target mammalian cells. We have found that recombinant human lactoferrin impairs the function of this system in two model organisms: *Shigella* and Enteropathogenic *E. coli* (EPEC). In the case of *Shigella*, there is loss and degradation of two proteins secreted by the type III mechanism, invasion plasmid antigens B and C (IpaB and IpaC); these proteins normally form a complex that causes *Shigella* to be taken up by host mammalian cells. In the case of EPEC, lactoferrin causes loss and degradation of *E. coli* secreted proteins A, B and D (EspABD) particularly EspB. These proteins are components of type III machinery and are known to be key elements of EPEC pathogenesis. Studies using purified EspB demonstrated that lactoferrin has a direct proteolytic effect on EspB that can be prevented by serine protease inhibitors. A synthetic peptide of the N-terminal 33 amino acids of lactoferrin caused loss of cell associated EspB but, unlike the whole lactoferrin molecule, did not caused degradation of EspB. Thus, in both model systems, brief exposure to lactoferrin causes loss and degradation of type III secretion system virulence proteins.

## Introduction

Pathogens including Shigella, Salmonella, Enteropathogenic E. coli (EPEC), Shigatoxin producing E. coli, Enteroinvasive E. coli, Yersinia enterocolitica, Yersinia pseudotuberculosis, Yersinia pestis, Bordetella pertussis, Bordetella bronchiseptica, Chlamydia pneumoniae, Chlamydia trachomatis and Pseudomonas aeruginosa share a closely related secretion mechanism for injecting virulence proteins into host cells (Jarvis et al. 1995, Kaniga et al. 1995, Blocker et al. 1999, Buttner et al. 2002, Feldman et al. 2003). This mechanism is called the type III secretion system. It works by sensing the presence of mammalian cells and secreting virulence proteins in response. For many of these organisms a needle complex has been demonstrated; this needle is used for injection of bacterial proteins into host cell. It is stabilized on the bacterial surface by interaction with both the inner and outer membranes. We hypothesized that disruption of outer membrane integrity and function by lactoferrin could alter the relationship between the needle and the outer membrane, thereby impairing secretory function. This paper summarizes some of our recent observations on the role of recombinant human lactoferrin in interfering with the type III secretion system and new data supporting a hypothesis for the mechanism.

We previously found that lactoferrin treatment of *Shigella flexneri* 5 strain M90T impaired invasiveness (Gomez *et al.* 2001) by inducing release and degradation of invasion plasmid antigens B and C (IpaB and IpaC), proteins that are responsible for uptake of *Shigella* by mammalian cells (Gomez *et al.* 2002, Gomez *et al.* 2003). Antipain, chymostatin, and soybean trypsin inhibitor blocked breakdown of *Shigella* virulence antigen IpaC and partially blocked proteolytic digestion of IpaB. To determine whether these observations in the *Shigella* model might have relevance for ad-

ditional organisms that secrete virulence proteins via a type III secretion apparatus, we evaluated the effect of lactoferrin on a well characterized EPEC strain (E2348/69).

We found that lactoferrin blocks EPEC adherence and induction of actin polymerization in HEp2 cells, and blocks EPEC-induced hemolysis (Ochoa et al. 2003). The mechanism of this inhibition was lactoferrin-mediated degradation of the E. coli secreted proteins A, B and D (EspABD), particularly EspB. EspA normally forms a tube between the bacteria and the host cell. EspB and EspD are delivered at the end of this tube where they make a pore through which bacterial proteins are delivered directly into gut epithelial cells. The proteolytic effect of lactoferrin on EspB was prevented by serine protease inhibitors (Antipain, chymostatin and soybean trypsin inhibitor). To further characterize the effect of lactoferrin on EPEC's virulence proteins, we focused on the lipid A binding N-terminal 33 amino acids segment of lactoferrin, that is known to be the high affinity domain for binding to LPS.

#### Methods

## Reagents

Recombinant human lactoferrin (11% iron saturated), prepared as previously described (Ward *et al.* 1995), was provided by Agennix Inc. Lactoferrin was used in the concentration range found in human colostrum and milk (approximately 10 mg/mL [0.125 mM] and 1 mg/mL [0.0125 mM], respectively) and diluted in DMEM/HEPES.

A peptide consisting of the N-terminal 33 amino acids of lactoferrin (GRRRRSVQWCAVSQPEATKC FQWQRNMRKVRGP) was synthesized (SynPep, Dublin, CA). It was used at the same molar concentration as lactoferrin (0.125–0.0125 mM) and diluted in DMEM/HEPES.

## Bacterial strain

EPEC 0127:H6 strain E2348/69 was used. Bacteria from overnight growth in LB were inoculated (1.7  $\times$  10<sup>5</sup> CFU/mL) in DMEM with 25 mM HEPES, pH 7.4, and incubated at 37 °C in a 5% CO<sub>2</sub> incubator.

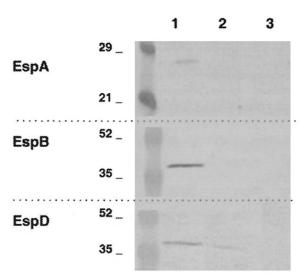


Fig. 1. Composite Western Blot showing the effect of lactoferrin on cell associated EspABD. EPEC were grown in DMEM/HEPES (Lane 1, control) or in lactoferrin (Lane 3) and bacterial pellets were evaluated for the presence of EspABD at 3 hours. EPEC grown in the absence of lactoferrin were exposed to lactoferrin at 3 hours and immediately after bacterial pellets were evaluated (Lane 2). Lactoferrin immediately decreased EspA and EspB; it also decreased EspD, but less dramatically.

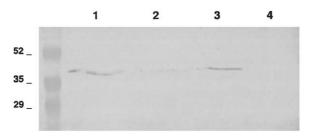


Fig. 2. Effect of lactoferrin and peptide (N-terminal 33 amino acids of lactoferrin) on cell associated EspB. EPEC were grown in DMEM/HEPES for 4 hours at 37 °C. At that time DMEM/HEPES (Lane 1), peptide (0.125 mM) (Lane 2), peptide (0.025 mM) (Lane 3) or lactoferrin (0.125 mM) (Lane 4) were added to the media and immediately after the bacterial pellets were evaluated by Western blot for the presence of EspB. Cell associated EspB was undetectable in the presence of lactoferrin, and decreased at the higher concentration of the peptide.

Assays for lactoferrin-induced release of virulence proteins

EPEC were grown in DMEM/HEPES in the presence or absence of lactoferrin for up to 7 hours. EPEC grown in the absence of lactoferrin were exposed to lactoferrin (0.125 and 0.0125 mM) or to the peptide (0.125 and 0.025 mM) at 3 or 4 hours and immediately after the bacterial pellets were evaluated by Western

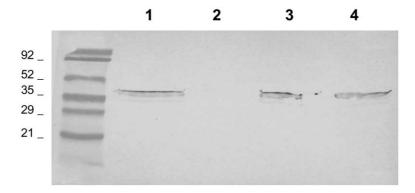


Fig. 3. Proteolytic effect of lactoferrin on EspB. Purifed EspB (2  $\mu$ g/mL) was incubated with DMEM/HEPES (Lanes 1 and 3, controls), with lactoferrin (0.0125 mM) (Lane 2) or with the peptide (N-terminal 33 amino acids of lactoferrin, 0.0125 mM) (Lane 4) for 4 hours at 37 °C. The Western blot demonstrated that lactoferrin degraded EspB, while the N-terminal peptide left it intact.

blot for the presence of cell associated EspABD. Human polyclonal (EspA) or mouse monoclonal (EspB and EspD) antibodies were used with appropriate conjugates.

Studies with purified EspB

EspB was purified as previously described (Ochoa *et al.* 2003). Pure EspB (2  $\mu \rm g/mL)$  was incubated with DMEM/HEPES in the presence or absence of lactoferrin (0.0125 mM) or the peptide (0.0125 mM) for 4 hours at 37 °C . EspB remaining after incubation was assessed by Western blot.

## Results

Lactoferrin decreased cell associated EspABD

EPEC in DMEM/HEPES had detectable cell-associated EspABD at 2–3 hours of growth, peaking at 5–6 hrs (data not shown). Lactoferrin decreased cell-associated EspB at every time point and less striking, also decreased EspA and EspD (data shown only for the 3-hour time point, Figure 1, Lane 3). To determine whether low levels of cell associated virulence proteins reflected decreased production or loss, EPEC were grown in DMEM/HEPES for 3 hours, at which time lactoferrin was added and the amount of EspABD in the bacterial pellets determined. Lactoferrin immediately decreased EspA and EspB; it also decreased EspD although less dramatically (Figure 1, Lane 2). Thus lactoferrin caused a rapid release of virulent proteins from bacterial cells. Since the most dramatic

effect of lactoferrin was on EspB, we focused on this protein for the following experiments.

The N-terminal 33 amino acids (peptide) of lactoferrin decreased cell associated EspB

EPEC were grown in DMEM/HEPES for 4 hours, at which time lactoferrin or the peptide were added and the amount of cell associated EspB was determined. EspB was undetectable in the presence of lactoferrin. The peptide at high concentration also decreased the amount of cell associated EspB (Figure 2).

The N-terminal 33 amino acids (peptide) of lactoferrin did not caused degradation of EspB.

Pure EspB was incubated with DMEM/HEPES in the presence or absence of lactoferrin or the peptide. The amount of EspB remaining after incubation was determined by Western Blot. Lactoferrin completely degraded EspB, while the peptide left it intact (Figure 3).

#### Discussion

The studies in these model systems suggest that lactoferrin acts on the type III secretion system in a two step process. The first step involves stimulation of virulence antigen secretion. We have determined that both lactoferrin and its N-terminal peptide caused rapid depletion of cell-associated virulence proteins in *Shigella* and EPEC. This could reflect lipid A-induced changes in the bacterial cell surface. It is known that lactoferrin binding to the phosphate groups of lipid A is associated with the acyl chains becoming more rigid so that they are more tightly packed (Brandenburg et al. 2001). Such rigid packing could affect the stability or function of Type III secretion system needle complex proteins that must be anchored in and traverse the outer membrane. The second step demonstrated in these studies involves lactoferrin-mediated proteolysis. In both Shigella and EPEC, lactoferrin degrades critically important virulence antigens. The proteolytic activity is susceptible to inhibition by serine protease inhibitors. In the Shigella model, proteolysis is demonstrated only when bacteria are present (presumably reflecting surface localization and activity of lactoferrin), while in the EPEC model proteolysis can be shown even with purified virulence proteins in the absence of binding to the bacterial surface. The difference in these models may be due to the resistance of the IpaBC complex to degradation once the proteins have become associated. IpaB and IpaC may be susceptible to lactoferrin-mediated degradation only prior to complex formation.

The type III secretion system is a virulence machine shared by both *Shigella flexneri* and EPEC. Many other organisms shared closely related type III secretion systems. It remains to be determined whether lactoferrin affects the function of type III secretion systems in these many organisms. Lactoferrin may have therapeutic potential as an agent useful against an array of pathogens possessing this conserved machinery. Lactoferrin may also prove to be a useful tool to further understand the interactions of this important machinery with outer membrane lipopolysaccharide.

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